



School of Classical Chinese Herbalism

Cholsey Complementary Health Centre, OX10 9PT

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Jing Fang Apprenticeship Resource List 2020-21

Jing Fang Six Syndrome Differentiation System Study Materials

As this is a system new to the West, written materials are still being created. There are not yet any translations of the Classics with interpretations according to this system, and the best ones for reference are the Wiseman translations, as some of the others can be confusing to this system.

Study Materials Provided

If you book clinics for a term or a year, electronic copy of the following study materials are included in the price and you will be given access to the relevant Dropbox folders

Apprentices paying by the class have the opportunity to purchase this information.

- English version of *Shang Han Lun* with commentary by Frances Turner, based on the teachings of Dr Feng Shi-Lun
- English version of *Jin Gui Yao Lue* with commentary by Frances Turner, based on the teachings of Dr Feng Shi-Lun
- Introduction to the *Jing Fang* Six Syndrome Differentiation System: article by Frances Turner
- Case studies from the clinics of Dr Feng in Beijing
- Miscellaneous useful handouts
- Apprentice Logbook (available to apprentices in hard bound copy at the start of their apprenticeship)

Book & DVD list

1. *Jing Fang* Materials in English

Turner, F (2020) *Introduction to Jing Fang: Lecture Series Part 1*. PDFs with Audio. Available from the JFA.

Robidoux, S (2018) *Six Syndrome Guide to Classical Formulas*. Limited copies available from the JFA, or from www.chinesemedicinetraveller.com

Feng, S.L., translated by Robidoux, S. (2015) *Understanding Shang Han Za Bing Lun with Dr Feng Shi Lun*, 28 DVD set and *Case History Compilation* booklet. Limited copies available from the JFA, or from www.chinesemedicinetraveller.com

Feng, S.L., translated by Robidoux, S. (2015) *Advanced Clinical Series with Dr Feng Shi Lun*. 14 DVD Set. Available from the JFA, or from www.chinesemedicinetraveller.com

1. *Taiyang/taiyin Concurrent Syndrome*
2. *Jing Fang for Immunity Disorders*
3. *Jing Fang for Bi Syndrome*
4. *Jing Fang for Nephritis*
5. *Jing Fang for Digestive Ulcers*
6. *Jing Fang for Male Disorders*
7. *Jing Fang for Asthma*



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Feng, S.L., translated by Robidoux, S. (2016) *Advanced Clinical Series 2*. MP3 Files available from www.chinesemedicinetraveller.com.

For those who read Chinese, there are also books in Chinese on herbs, formulas and clinical practice written by Dr Feng and his lineage teacher, Dr Hu Xi-Shu, which are yet to be translated into English. If you are interested, please contact Frances.

2. Materia Medica

Bensky Dan, Clavey Steven, Stoger Erich with Gamble Andrew (2004) *Chinese Herbal Medicine Materia Medica, 3rd Ed.*, Eastland Press, ISBN: 0-939616-4-24

or

Chen John K, Chen Tina T. (2001) *Chinese Medical Herbology & Pharmacology, 1st Ed.*, Art of Medicine Press, ISBN: 0-9740635-0-9

3. Formulary

Scheid, V., Bensky, D., Ellis, A & Barolet, R (2009) *Chinese Herbal Medicine Formulas & Strategies 2nd Edition*. Eastland Press, Seattle, Washington.

or

Chen John K, Chen Tina T, (2008) *Chinese Herbal Formulas and Applications, 1st Ed.*, Art of Medicine Press, ISBN: 978-097406357

4. Recommended Further Reading

Shang Han Lun

Mitchell, C. Feng, Y, Wiseman, N. *Shang Han Lun: On Cold Damage*. Paradigm Publications, Brookline, MA. ISBN 978-0-9121111-57-7

Young Jie De, G. & Marchment, R. (2009) *Shang Han Lun Explained*. Elsevier Australia, NSW

Chen, R.C. (2009) *The Clinical Application of Shang Han Lun Formulas*. Peoples Medical Publishing House, Beijing. ISBN 978-7-117-11404-2

Jin Gui Yao Lue

Wiseman, N. Wilms, S (2013) *Jin Gui Yao Lue: Essential Prescriptions of the Golden Cabinet*. Paradigm Publications, Brookline, MA. ISBN 978-0-9121111-91-9

Sung, Yuk-ming (2008) *Understanding the Jing Gui Yao Lue*, People's Medical Publishing House, Beijing. ISBN 978-7-117-11405-9

Useful herb and formula study guides

Huang, H. (2008) *Zhang Zhong-jing's Clinical Application of 50 Medicinals*. People's Medical Publishing House, Beijing. ISBN 978-7-117-09207-4

Huang, H. (2009) *Ten Key Formula Families in Chinese Medicine*. Translated by Michael Max, Eastland Press Seattle, ISBN 978-0-939616-68-8

Yifan Yang, (2001) *Chinese Herbal Medicine, Comparisons and Characteristics*, Churchill Livingstone

Yifan Yang (2010) *Chinese Herbal Formulas: Treatment Principles and Composition Strategies*, Churchill Livingstone, ISBN 978-0702031328

5. Other useful books



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Maclean Will with Taylor Kathryn (2003), *The Clinical Manual of Chinese Herbal Patent Medicines, 2nd Ed.*, Pangolin Press, ISBN: 0-646-40800-3

Yi, Q. & Stone, A. (2000) *Formula Study Guide*. Snow Lotus Press, Boulder, CO

Chen Song (1993) *A clinical guide to Chinese Herbs and Formulae*, Churchill Livingstone, UK ISBN 0-443-04680-8

Ehling, D. & Swart, S. (2002) *The Chinese Herbalists Handbook*. Lotus Press, Twin Lakes, WI

Jiang Professor Yuanan, (1996), *Chinese Herbal Formula, A Practitioners Guide, 1st Ed.*, Acumedic Ltd, ISBN: 0-906188-65-2

Liu Chongyun & Tseng Angela with Yang Sue, (2005) *Modern Applications of Traditional Formulas, 1st Ed.*, CRC Press LLC, ISBN: 0-8493-1568-9

Wu, B.P. (trans. Blalak, J.) (2011) *Qin Bo-Wei's 56 Treatment Methods*. Eastland Press, Seattle

Yang, S.Z., & Li J.Y. (1993) *Li Dong Yuan's Treatise on the Spleen & Stomach*, Blue Poppy Press, Boulder, CO

Clavey, S (2003) *Fluid Physiology and Pathology in Traditional Chinese Medicine (2nd edition)*, Churchill Livingstone **ISBN-13:** 978-0443071942

Guohui Liu (2005) *Warm Pathogen Diseases A Clinical Guide*, Eastland Press Seattle, ISBN 9780939616459+