

Acupuncture, Chinese Herbal Medicine, Healing 07510 710245 www.francesturner.org

Frances Turner Seminars Intuition in Acupuncture Practice 2014-2015



As a practitioner of over 20 years' experience, I am more and more conscious that what I do in practice, when I am working well, is to open and hold a space for my patients' self healing. Sometimes in this space there is an opportunity to catalyse this healing process. There is a place inside all of us where true healing can take place, and the best treatments are the ones in which the patient allows this place to be gently touched.

This touching can be done on many levels. It can be in the way we say hello, or in the attention of really listening. It can be in the way we meet someone's anger, or give time to their sadness. It can be in the way we touch the body, in the way we give herbs, or in the way we needle the points. In fact the Chinese word that we translate as point is actually better translated as hole - a place in the body where there is space. And in these places of space, sometimes we as practitioners can catalyse a shift in our patients.

This seminar looks at the way we can use all our senses to feel for and

recognise the place where each patients truly is. At this place, the smallest shift can move mountains. The key to working in this way is to work with our own qi, to develop our own sensitivities and to recognise our own vulnerabilities – to find the place where we truly are. From this place we can recognise the sensitivities and vulnerabilities of others and perhaps be of some help in their journey to heal themselves.

The workshop explores:

Space consciousness in practice
Silent diagnosis
Awareness skills
Listening skills
Palpation skills
Bridging the heart and the brain
Developing a felt sense of theory
Needling into the space

Allowing space in treatment lends itself to diagnosis without words. This workshop consequently links well with the Silent Diagnosis workshop.



Minimum 10 participants Maximum 24 participants

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